

Rules & Regulations Supplement Updated Oct 9, 2020

It is every member's responsibility to ensure that they have read all documentation from the [Ringette Alberta "Return to Ringette"](#) page.

Ringette Calgary Rules & Regulations will apply with the following exceptions for the 2020-21 Season:

1. Exhibition Games (2.2): Please refer to the [Oct 9 Memo](#) for updated information
2. Affiliated Players (3.1): Cross affiliation within cohorts ONLY is permitted as per RAB policy.
3. Eligible Coaching Staff (3.3.1): Coaching requirements for the 2020-21 season ONLY as per RAB [policy](#)
Non-cohort coaches - see RAB [Return to Ringette](#)
4. Game Reports (4.1): In addition to current policy, the team Safety Officer must ensure that attendance is completed using the RAMP App mandated by RAB.
5. Minor Officials (4.2): For the 2020-21 season ONLY, the **HOME team** is responsible for **ALL required Minor (off-ice) officials**. **Visitors DO NOT** supply any **Minor (off-ice) officials**. There are **NO PENALTY BOX ATTENDANTS PERMITTED**. The offending players will operate their own doors. In AS and U10, a maximum of 1 minor official should be on duty (1 COMBINED timekeeper/ scorekeeper), and in U12-U19, a maximum of 2 minor officials should be on duty (1 shot clock operator, and 1 COMBINED timekeeper/scorekeeper). Minor officials are required to be masked, and gloved, if possible, and should stay as physically distanced from each other as possible. Immediately following a game, all surfaces and touch points should be cleaned by the minor officials and they are required to exit the facility immediately.
6. Tournament Attendance (6.4): Will not be permitted until further notice from RAB
7. Advance or Retreat (Appendix 5): There will be no Advance/Retreat policy for competitive equity in the 2020-21 season. The Chinook League Committee will review any concerns regarding competitive equity and assess if there are any teams that need to be moved. Decisions made by the Committee are final and may not be appealed.
8. UAAs are not needed in the 2020-21 season. Associations are to declare tiers to the best of their ability, and follow RAB tiering policy where applicable.
9. Disciplinary Review (10.1): Due to the design and nature of 2020-21 cohort scheduling, tensions between familiar teams or officials may rise. Strong bench management will be a necessity in these situations. If a player or team staff receives a Misconduct or Match penalty assessment, additional segregation from the cohort may be assessed by the Disciplinary Review Committee.
10. Children's Ringette (12.3.2): Due to AHS restrictions, AS and U10 games will only be scheduled with two teams until further notice.

Cohorts:

Compliance with Phase 2 guidelines requires the use of "sport cohorts". This means up to 50 people, who are all in a single sport cohort who may participate in a Mini-League.

- Teams should aim for a maximum of 16 (players and cohort-coaches) when possible
- Teams must have a minimum of 2 cohort-coaches
- Teams are not required to reach the maximum 16 (e.g. if there are 11 players, teams may choose to only add 3 cohort-coaches for a total of 14)
- If a team has more than 14 players AND they are in a cohort of 3 teams, they will need to communicate with the other teams in their cohort to ask one cohort-coach to come on their bench for games, OR if a team in their cohort has 3 or more cohort-coaches, one of their cohort-coaches could become a non-cohort coach for the duration of the break/session (i.e. wear a mask and remain physically distanced at all times)

Mini-League Format:

Teams in different mini-leagues may not play one another while engaged in game play sessions until after a mandatory 14 day isolation period, during which time, teams may have physically distanced practices.

The Chinook League will be scheduled in 2 week sessions starting on Mondays. The start date will be Oct 12th for U12-U19, Oct 19th for U10S2 and U10S3 and Nov 2 for AS and U10S1.

Game Cancellations due to Covid Isolation:

In the 2020-21 season, as prescribed by Ringette Alberta, **all ringette activities must be entered in the RAMP team App**. This App includes a reporting function for contact tracing in the event an individual tests positive for Covid-19.

In the event AHS directs an entire team to isolate, or the isolated players result in the team numbers no longer being viable for a game to be played, it is encouraged that the cohort teams discuss sharing players so that the game can still be played. If this is not possible, the game will need to be cancelled by completing the "[Game Cancellation \(Covid Isolation\)](#)" form on the Ringette Calgary website.

It is strongly encouraged that the ice is still used for a practice or scrimmage as we do not want to see ice go unused.

Officials

Coaches are required to officiate games from AS to U14A (not including U14AA). However, in order to be permitted to officiate a game, Coaches **MUST** complete the virtual training offered by RAB.

If there are no trained coach officials (AS to U14A) or registered Officials (U14AA-U19AA) available to officiate a game, **the game is NOT permitted to be played**. The ice time may be used as a scrimmage or practice **ONLY**, which means **no minor officials, shot clocks or unregistered officials** are to be used. Coaches or other players who attempt to officiate a game without being trained and recognized by RAB, may be personally liable for any potential injuries as our insurance requires all team staff only participate in activities defined by their official role (i.e. coaches should only be coaching and players should only be playing unless they are given permission by RAB to officiate).

Team Responsibilities

At all times during both on-ice and off-ice sessions, team staff are responsible for ensuring that athletes are adhering to physical distancing guidelines from provincial & local authorities and facility operators.

The 2020-21 season will not be a normal one. There is a certain amount of risk inherent in playing ringette or any sport, therefore it is the responsibility of the team staff to limit exposure to Covid-19 at all times.

Each team requires a **Safety Officer** who is responsible for:

- Adding ALL events and participants (players, coaches, officials) to Team App
- Ensure all participants complete their COVID-19 Health checklist prior (24 hours maximum) to participating in any sanctioned event.
- Remove team members who are marked available for an event but do not attend.

Equipment should not be shared, except for the ring. If the ring is shared for activities, the following must be implemented:

- Handled only with a ringette stick
 - No touching with hands or playing gloves (modified rules will apply to goalies and will be available through your Provincial Ringette Association)
 - Coaches, athletes and officials should keep rings, equipment and other ringette-related objects in a clean, separate space in their own homes.
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- Coaches need to wear a face covering (this includes in the players box). If a coach is taking part in the actual physical activity or instructing this is the only time a face covering does not need to be worn.
 - Each coach, player and official **MUST** have his/her own labeled water bottle and his/her own towel (if they choose to bring one). Sharing is not permitted.

- Athletes should take water breaks in small groups and not as an entire team. They must not spit water onto the ice or the bench and should avoid spraying water into their mouths.
- Team staff should send activity plans to athletes at least 12 hours in advance to avoid close gatherings around white boards and to make the most of limited ice time.
- Restrictions on the number of spectators, when or if dressing rooms are available, and the total length of time groups are permitted in arena spaces is the decision of the facility. As required by the City of Calgary, mask use is required (except on the ice).
- Anyone who is not included in the cohort is not permitted in participant spaces; this includes dressing rooms. If a participant requires assistance from someone outside their ringette cohort, the participant must move to a space where they can physically distance from the ringette cohort.
- Supplemental Coaches/Instructors - includes power skating specialists, goalie coaches, or other guests not in the mini-league or cohort group. This type of programming is permitted only if these individuals can maintain physical distancing while delivering the program. They must remain at least 2 metres away from all cohort members at all times (3m when participants are engaged in moderate to intense physical activity). Regardless, it is recommended the coach/instructor wear a mask.

Attending to an Injury

If required to attend to an on-ice injury, team staff should be masked and if possible, gloved as well. The player should be attended to as required, then the attending team staff member should immediately physically distance as much as possible.

Sanctioned Events

ALL team activities must be **sanctioned** and health attestations must be completed in the RAMP App every time. Sanctioning, by definition, means any event authorized or recognized by your local or provincial association and includes such activities as:

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| • Practices | • Games | • Meetings |
| • Camps | • Off Ice training
(i.e. dryland) | • Fundraisers |
| • Clinics | | • Year End Parties |

Sanctioning **DOES NOT** include high risk activities unrelated to Ringette including trampoline parks, canoeing, high ropes courses etc. If you are ever in doubt, contact Ringette Alberta to inquire about coverage and liability.